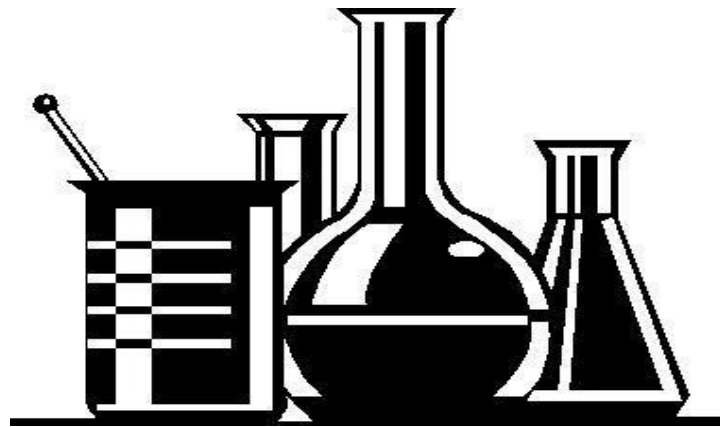


# **Chemical Penis Enlargement**



**How To Explode Your Penis Size  
Fast With Simple Chemistry!**

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CHEMICAL PENIS ENLARGEMENT VERSION 1

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*"Penis Enlargement without pharmacological support is a bit like bodybuilding without gear. Some people can achieve great results, but most won't. If you want a freaking huge penis, you need a little pharmacological assistance"*

## **Introduction**

This report addresses a problem many men trying penis enlargement ultimately face. That problem being the failure to make gains with typical enlargement methods. Or they make initial gains and then growth stops.

This happens for two reasons. First, as an adult, specific hormones are not triggering penile growth as they did in adolescence. In your teen years the penis grows larger at a phenomenal rate. By mimicking those hormone profiles, you can attain a "second growth".

Second, you eventually build a resistance to the stress (exercise or traction) being used. Repeated stressors over time (exercises) cause the penile tissues to toughen and become resistant to further growth changes.

So what's the answer to this problem? It's really very simple. Combining a powerful human hormone called DHT topically with some simple exercises (or an extender). This is done in cycles, allowing penis tissues to "decondition" and become malleable to growth again.

This report will reveal a method to chemically accelerate penile growth. Even if you have tried and failed before, the information in this report will help you get the big penis you want. Just follow the method in this report you will have success!

Believe it. This method is the most effective way to a bigger penis bar none. It's simply incredible!

## **So What Is Chemical Penis Enlargement?**

Chemical penis enlargement involves manipulating hormones to create new growth to the penile tissues. This is accomplished using safe and FDA approved medications to return these hormones to a state similar to adolescence. This

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creates an effective environment for growth of the penis.

This version of the Chemical Penis Enlargement report will cover the use of the most important and critical hormone for penis growth, the hormone DHT. Future versions will discuss other pharmaceuticals for increased gains.

To repeat, you will be using topical Dht in conjunction with either exercise or an extender in four to eight week cycles. Each cycle will last until the androgen receptors have downregulated and treatment loses effectiveness (usually a few weeks).

You will then enter a resting phase to allow penile androgen receptors to upregulate and for the penile tissues (ligaments and tunica) to decondition (penis size gains slow and stop when penile tissues adapt to applied stress).

After a few weeks you will begin another Dht cycle. By this time you'll have plenty of upregulated androgen receptors in your penis for topical Dht to do its work and reconditioned penile tissue ready to be exercised for fresh growth.

Each new cycle will add more size to your penis. Often big increases up to a half inch or more! And each cycle is like starting fresh again so you keep making these huge gains. The deconditioning period not only resets your penis tissues for easy gains again it also keeps you eager for more!

## **DHT And It's Effects On The Penis**

DHT (dihydrotestosterone - a metabolite of testosterone -) is many times stronger than testosterone and has a higher affinity for the androgen receptors in penile tissue. It also does not convert to estrogen like testosterone does. So no worries about estrogen related side effects (such as gynecomastia) when using it.

And Dht is incredibly effective for penis growth. Dht is directly responsible for development of all secondary male characteristics, including penis growth! The changes from adding just this one chemical hormone to your enlargement efforts will make a huge difference.

Dht is well understood as the hormone that drives penile and clitoral growth in youths. Md's will commonly prescribe Dht for adolescents with underdeveloped genitals.

Studies using topical application of DHT:

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DHT and micropenis:

Background: Percutaneous administration of dihydrotestosterone (DHT) has been successful in promoting phallic growth in infants and children with 5-reductase deficiency raised as males. We investigated whether percutaneous administration of DHT is similarly effective in patients with micropenis due to alternative diagnoses.

Methods: Six patients (age range 1.9-8.3 years) with micropenis of variable etiology were studied prospectively. 2.5% DHT gel was applied to the phallus once daily at a dose of 0.15-0.33 mg/kg body weight. Serum DHT concentrations were measured at 0, 2, 4, 8, 12 and 24 h following application of DHT gel.

Results: Peak DHT concentrations were attained within 2-8 h after application of the gel and subsequently remained within the normal adult range in all but 1 patient, who had received the lowest dose of 0.15 mg/kg. An increase in phallic growth, ranging from 0.5-2.0 cm, was achieved after 3-4 months of treatment in all patients whose DHT concentrations were maintained within adult range.

Conclusion: Percutaneous administration of DHT in a dose of 0.2-0.3 mg/kg once daily for a period of 3-4 months may be useful in the management of patients with testosterone biosynthetic defects, who have sufficient masculinization to warrant male sex assignment, or in patients with micropenis prior to reconstructive surgery. Copyright © 2002 S. Karger AG, Basel

Another study used 50 males with DHT and placebo. 8 out of the 50 was given the placebo, the remaining 42 received DHT Gel. After 6 months, the males reported bigger erections, painful erections, larger penis, etc.

When they surveyed the 42 male partners, the partners stated they want their males to continue the study. Said the increase in sex drive, penis size, etc was worth them staying on it. The next 6 months of the study, no GEL or special mixture - just placebo. The 42 reported no reduction in penis size but sex drive did drop off.

You can find many more studies about DHT, the penis and increasing sexual function on [PubMed](#).

## **Where To Get Topical DHT**

There are two ways to get hold of topical Dht. One way is to have a pharmacy

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custom compound it for you. This requires a prescription and it may be difficult to find a doctor to prescribe it for you.

The other option is to use the commercially available topical DHT called Andractim. This is what most guys use. You can order it [here](#).

There is a form where you must state why you need the Andractim when ordering. Make sure to state you need it for gynecomastia (man boobs) if you're under 45 years old. If 45 or older you can state erectile problems or gynecomastia for the reason.

The Andractim comes in large tubes and will last a long time.

## **PE With DHT Let's Get Going!**

Once you have your Andractim it's time to get started. All you have to do is apply the Andractim to your penis daily. A couple small 'dots' is enough. Do this every morning and before bed, which should be everyday if you can. After four to eight weeks you take a month off to decondition the penis and allow sensitivity to the topical Dht to return. Then start another growth cycle!

Here's what you do step-by-step:

1. Start applying the Dht gel. A couple small dots of gel rubbed into the shaft is all you need. Do not rub on the testes.
2. Start your exercise regimen. The exercise routine is described later.
3. Use the Andractim gel daily. Do the exercises three days a week skipping a day between exercise sessions.
4. Continue the Dht and exercise until you notice the androgenic effects of the Dht wear off (usually four to eight weeks). This means androgen receptors and been downregulated in your penis and optimal growth discontinues.
5. Stop all Dht application and all exercise. You will now discontinue the Dht and allow upregulation of receptors for the next cycle. Also discontinue all exercises and let the penile tunica and ligaments that have become stronger and therefore resistant to growth decondition. This rest phase

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should last at least a few weeks.

6. After a few weeks off from all Dht and exercise, start up another cycle.

That's it! Simple but it works like gangbusters. I truly believe any guy can add two inches in size within at the most six months when using this combo. It works that good!

## **The Exercise Routine**

**Important!** Start each session by applying heat to your penis for at least five minutes. Using a cloth soaked in hot water or a microwave heating pad work well. You should repeat applying heat every 10 to 15 minutes during your enlargement workout. This will relax the tissues in your penis and increase blood flow.

The **heat is very important** and will help speed up your gains so don't skip it! Also you should be in a warm room while working out or at least have a space heater to keep the area warm.

**Exercise 1. Kegals:** This exercise is designed to work the Pubococcygeal (PC) muscles. Strengthening these muscles will help give you a stronger erection by forcing more blood into your penis.

To locate the PC muscle is easy. While urinating, squeeze to cut off the flow of urine. You have just flexed your PC's! To find out what kind of shape your PC muscles are in try this: Achieve an erection. Now clamp down on your PC muscle as hard as you can. You should notice an immediate increase in penis size do to more blood being forced in the penile chambers. If you don't see this it's time to work those PC's!

You will exercise these muscles in two ways. A quick hard repeated flex that is only a second long or a long hard flex held for 30 seconds. Start with one set of 30 quick flexes followed by one set of a long flex. You should increase this every time you work out and eventually work up to about 500 short squeezes and between five and ten long squeezes three or four days a week.

You can perform these exercises just about anywhere even while driving your car but it may be easiest to combine with manual stretching and will be described



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further in that section.

## **Exercise 2. Hand Stretch:**

You don't need surgery to lengthen the ligaments attaching the penis to the pubic bone. The following simple stretching exercises will help you achieve a longer penis without cutting and mutilating your penis!

**a. Soft** This exercise will help lengthen your penis and stretch the ligaments attaching penis to pubic bone. You should be about half erect for this exercise as a partially engorged penis is more pliable and easier to work. Encircle your penis with thumb and first finger behind the head. Pull at a downward angle for a count of 30. While pulling perform the PC quick flex exercise. After the 30 count grab your penis at the base and shake quickly 20 or 30 times to relax it. Repeat this sequence pulling to the right, left and then straight out. When pulling straight out perform the PC long flex instead of the short. Repeat the sequence of pulls.

When first starting the amount of pulling pressure should be light. Increase pressure as you advance so that by the fifth week you are straining with exertion to get a good stretch (but not to the point of pain). A good way to get extra leverage as you advance is to sit in a chair and grab your penis with thumb and first finger. With the other three fingers grab the end of the chair and pull. You can get a great stretch this way!

**- Advanced variation:** Ligament massage. While you have your penis pulled straight out, use the thumb of your free hand to press down and out on the ligaments at the very base of your penis. Be very careful not to apply too much pressure and injure yourself.

This technique gives an incredible stretch to the ligaments that suspend the penis from the pubic bone. After a few weeks you can use this technique in the shower. The hot water will aid in achieving maximum stretching!

**b. Hard** The idea here is to directly stretch the ligaments attaching your penis to the pubic bone. First you must achieve a full erection. Grasp your penis around the shaft and push it down as far as possible. Next you want to pull it down with force and release for about twenty reps. This is a quick pull-release, pull-release type movement that is really a series of downward jerks. After twenty pulls apply a constant pulling force with no release in pressure for a count of 30. Release the pressure and shake your penis to release tension. Repeat this exercise to the left and right sides. You will need to regain an erection first.

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**Exercise 3. The Jelq:** This exercise has been claimed as a "mystical Asian art" by some or "an ancient Arabic tradition handed down father to son" by others. Jelq works by forcing more blood into the penile chambers than they would normally accept during an erection and by stretching the penile tissues.

When performed correctly this important exercise will work to increase both your length and width. You will also see an increase in vascularity and erection strength.

To perform Jelq, achieve an erection about 50% -60% erect. Apply a generous amount of lubrication to your member (you can use hand lotion, baby oil, olive oil, whatever works best for you). Grasp the penis at its base with your thumb and first finger encircling it in an OK sign. Your hand position can be palm facing up from underneath the penis with the thumb over the top or hand over the top of the penis palm facing down with the thumb encircling under. Start with whichever is most comfortable to you. Push your hand towards the head of your penis applying enough pressure to force blood forward toward the head. Release and immediately repeat with your other hand.

Continue to switch hands as you perform the exercise. Each Jelq stroke should last about 3 seconds. This should be a slow, steady and powerful movement. You should be able to see your penis expanding to its limits as you push blood up the shaft. Don't worry about counting strokes you will be milking for the time periods described later. You will probably need to take short breaks while Jelqing to rest your hands or regain a partial erection.

**Exercise 4. The Squeeze:** For most women girth is more important than length for sexual satisfaction. The first two inches of the vaginal tract contain the most nerve endings and it is greater girth that is required to stimulate. The squeeze is a special exercise developed by Bigger Man to increase girth. Within weeks of starting these you will start to notice a difference! To perform this exercise you need to achieve a full erection (there is no need for lubrication with this one).

**a. Long Squeeze** Grasp your penis at the base with thumb and first finger as far into your body as possible. Kegal hard and then squeeze so that blood is forced up the shaft and your penis is fully engorged (the veins along your penis will be bulging and the head will actually look glossy when done correctly). Hold this position for a count of 30. You can move your hand forward up to an inch to increase pressure while you count. After 30 seconds release your grip and shake out your penis for a few seconds. Then achieve another full erection and repeat.

During each squeeze you should contract your PC muscles to get the maximum

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force of blood. This exercise gives you maximum pressure to your penis so you must be careful. You want to force as much blood in as possible without doing damage. Keep alert for any signs of pain or little red spots. The spots are tiny burst capillaries and are harmless just stop the exercise until they disappear (usually a couple of days). Then ease up on the pressure and start again slowly.

**b. Short Squeeze** Grasp your penis at the base with thumb and first finger as far into your body as possible. Kegal hard and then squeeze and milk up the penis shaft about an inch so that blood is forced up the shaft and your penis is fully engorged. Release and encircle your penis around the base again immediately, Kegal hard and repeat. This should be performed like a short Jelqing move.

Rotate using both the long and short squeeze methods in each workout at first. Both are equally effective so if you find you prefer one method over go ahead and use it but switch to the other method once in a while for variety.

## **Exercise Workout Schedule**

Exercise three sessions a week, skipping a day between each workout. So a good schedule would be Mon, Wed and Fri with the weekend off. Skipping a day between each workout will give the tissues in your penis time to recover from the new stresses being applied to them.

Perform the soft stretch for 5 minutes, the squeeze for 5 minutes and the Jelq for 15 min. Be careful there should be no pain at any time. Also if you see any tiny red dots appear on your penis decrease the force you are using. The spots are tiny burst capillaries that will go away but are signs to ease up.

**You may be tempted to workout everyday but this is a mistake.** You need off days to recoup.

High intensity short workouts with adequate rest will give you the most gains with the least amount of time out of your day. It is very important to keep using the heat applying methods described earlier to maximize gains and prevent injury!

## **Using Topical DHT With Penis Extender**

Penis extenders add length to your penis by using traction to assist the human

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body's natural ability to change and develop under physical influence. Your penis adapts to the traction by growing until there is no more force being exerted.

More force is then applied to increase traction again and allow the penis to increase in size some more. This process continues until you reach your length goal. The use of Andractim makes this enlargement device devastatingly effective!

The best penis extender on the market is [FastSize](#). They also replace parts for free, have a payment plan and a great forum. If you want a cheaper extender you could try [Ebay](#).

### **Step-By-Step Enlargement Using DHT And Extender**

1. Before using your extender you should warm up your penis. A hot bath or shower is ideal. You can also use a hot cloth wrap or heating pad for a few minutes. Using a heat warm up will help prevent possible injury to your penis and increase gains. You may also want to experiment with wrapping the shaft where the extender will attach to your penis.
2. Try to get in a few hours with the extender every day. The extender works by traction. And it's effectiveness is determined by hours of use. Do not sleep with your penis extender on. Each day during your first session wearing your extender apply a small amount of Andractim to your penis shaft. Two or three dots rubbed into the penis skin is sufficient. The increased DHT will speed up your progress substantially!
3. At first you should use your extender no more than 30 minutes per session. As you get used to it, you can work up to two hours of wear time between breaks. Between sessions you should massage blood into your penis and apply more heat before reattaching.
4. Now you just have to find time to wear your extender! It's the total amount of hours that matter. So you can get fast results in a few intense weeks wearing it all day. And remember, the topical DHT will bring gains even faster! The key is gentle pressure all day long!
5. After a month or two take a few weeks off to let your penis regain sensitivity to the Andractim and also decondition the penis tissues. The gentle pressure of the extender won't strengthen the penile liniments and tunica as fast as exercises

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will, buy it still happens eventually. Deconditioning let's you start fresh again for fast gains.

## **How To Super Charge The DHT Method**

You can literally supercharge your penis size gains by increasing the number of androgen receptors in the penile tissue above your normal range. This method can be even more effective than using topical Dht alone. Here's how to do it.

One of the effects of Finasteride, a drug prescribed for prostate problems and hair loss, is to reduce the amount of Dht in the body. I won't go into the medical details but generally these drugs block type 2 5-alpha reductase. So your body can't convert testosterone to Dht.

The lack of Dht in the body causes an upregulation of androgen receptors. The receptors build to a high level like a developing adolescent has. When you cease using Finasteride and Dht begins to build up again, for a short time penis growth is accelerated to incredible proportions. You can make huge gains with this method!

Here's what you do:

First you need to get hold of some Finasteride. This drug is called Proscar (5mg) for prostate use and Propecia (1mg) for hair loss. Same drug just different strengths. The 1mg dose is enough for our purposes. You can either get a prescription or order it online. [Generic Finasteride](#) is also readily available online and amazingly cheap (most guys order the 5mg dose and cut it into 5 pieces to save even more money).

Start taking the Finasteride between cycles when you're not using the Andractim and exercises. Use it for at least a few weeks to allow Dht to reduce and androgen receptors to upregulate.

When you are ready to start a new growth cycle cease use of the Finasteride a few days before you start the cycle. The Finasteride leaves the body completely

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within 48 hours but it takes a week or more for you to start producing Dht again. You will feel when your Dht levels rise because of the incredible sensitivity the extra androgen receptors cause in your penis. It's a good feeling!

Begin the exercises or extender use when you feel Dht being produced in your body again. You can start using Andractim right away or wait until the effects of the extra receptors fade as they down regulate. Then use the Andractim to boost the effects and extend the cycle. This is a great method to get huge gains!

## **Protecting Your Hair And Your Prostate**

Two worries for some guys who are predisposed to these problems are hair loss and prostate enlargement. Both conditions can be aggravated by Dht. We are using Andractim in short cycles so this reduces any chance of a problem developing. However there are measures to take to protect against Dht.

For hair loss: First this is only a problem if you are genetically prone to lose hair. If not you have nothing to worry about. If you are then when on a Dht cycle there is a topical solution you can make that will protect your precious follicles. This stuff is very effective lot's of guys on the hair loss forums use it.

The site with further information is [here](#). There are two formulations. Use the zinc/beta-sis formula (SuperZix 2) if you just want to protect your hair while on a Dht cycle. Use the minoxidil/beta -sis formula (Minomuck) if you want to also regrow some hair you've already lost.

For prostate protection try anti -oxidants, particularly selenium (200mcg) and lycopene (3mg). Saw Palmetto may also be effective but use small amounts as this herb may block Dht from doing it's work on your penis. If you have worries about your prostate definitely get it checked out by your doctor first before using Andractim.

## **Final Thoughts**

I hope you enjoyed this report. Without doubt you now possess the best information available to significantly increase the size of your penis. This report is the real deal and if you put it to use you will succeed.

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But you have to take action to accomplish your goals. So don't just read this and put it away for later. Try it now you will be amazed at the results!

Please send any comments to: [comments@chemicalenlargement.com](mailto:comments@chemicalenlargement.com)